

Maternal Mortality Rates in the United States, 2020

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This report presents maternal mortality rates for 2020 based on data from the National Vital Statistics System. A maternal death is defined by the World Health Organization as, “the death of a woman while pregnant or within 42 days of termination of pregnancy, irrespective of the duration and the site of the pregnancy, from any cause related to or aggravated by the pregnancy or its management, but not from accidental or incidental causes” (1). Maternal mortality rates, which are the number of maternal deaths per 100,000 live births, are shown in this report by age group and race and Hispanic origin.

This report updates a previous one that showed maternal mortality rates for 2018 and 2019 (2). In 2020, 861 women were identified as having died of maternal causes in the United States, compared with 754 in 2019 (3). The maternal mortality rate for 2020 was 23.8 deaths per 100,000 live births compared with a rate of 20.1 in 2019 (Table).

In 2020, the maternal mortality rate for non-Hispanic Black women was 55.3 deaths per 100,000 live births, 2.9 times the rate for non-Hispanic White women (19.1) (Figure 1 and Table). Rates for non-Hispanic Black women were significantly higher than rates for non-Hispanic White and Hispanic women. The increases from 2019 to 2020 for non-Hispanic Black and Hispanic women were significant. The observed increase from 2019 to 2020 for non-Hispanic White women was not significant.

Rates increased with maternal age. Rates in 2020 were 13.8 deaths per 100,000 live births for women under age 25, 22.8 for those aged 25–39, and 107.9 for those aged 40 and over (Figure 2 and Table). The rate for women aged 40 and over was 7.8 times higher than the rate for women under age 25. Differences in the rates between age groups were statistically significant. Among age groups, the increase in the rates between 2019 and 2020 for women aged 25–39 and 40 and over were statistically significant.

Data sources and methods

Data are from the National Vital Statistics System mortality file (4). Consistent with previous reports, the number of maternal deaths does not include all deaths occurring to pregnant or recently pregnant women, but only those deaths with the underlying cause of death assigned to *International Statistical Classification of Diseases, 10th Revision* code numbers A34, O00–O95, and O98–O99. Maternal mortality rates are per 100,000 live births based on data from the National Vital Statistics System natality file. Maternal mortality rates fluctuate from year to year because of the relatively small number of these events, and possibly also due to issues associated with the reporting of maternal deaths on death certificates (3). Efforts to improve data quality are continuous, and these data will continue to be evaluated for possible errors.

References

1. World Health Organization. International statistical classification of diseases and related health problems, 10th revision. 2008 ed. 2009.
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Suggested citation

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Table. Number of live births, maternal deaths, and maternal mortality rates, by race and Hispanic origin and age: United States, 2018–2020

Race and Hispanic origin and age	2018			2019			2020		
	Live births	Maternal deaths	Maternal mortality	Live births	Maternal deaths	Maternal mortality	Live births	Maternal deaths	Maternal mortality
	Number		Rate ¹	Number		Rate ¹	Number		Rate ¹
Total ²	3,791,712	658	17.4	3,747,540	754	20.1	3,613,647	861	23.8
Under 25	907,782	96	10.6	877,803	111	12.6	825,403	114	13.8
25–39	2,756,974	458	16.6	2,739,976	544	19.9	2,658,445	607	22.8
40 and over	126,956	104	81.9	129,761	98	75.5	129,799	140	107.9
Non-Hispanic White ³	1,956,413	291	14.9	1,915,912	343	17.9	1,843,432	352	19.1
Under 25	391,829	41	10.5	374,129	49	13.1	348,666	40	11.5
25–39	1,504,888	207	13.8	1,480,595	248	16.8	1,433,839	253	17.6
40 and over	59,696	43	72.0	61,188	46	75.2	60,927	59	96.8
Non-Hispanic Black ³	552,029	206	37.3	548,075	241	44.0	529,811	293	55.3
Under 25	176,243	27	15.3	169,853	32	18.8	159,541	46	28.8
25–39	358,276	137	38.2	360,206	179	49.7	351,648	198	56.3
40 and over	17,510	42	239.9	18,016	30	166.5	18,622	49	263.1
Hispanic	886,210	105	11.8	886,467	112	12.6	866,713	158	18.2
Under 25	275,553	21	7.6	270,948	23	8.5	258,635	20	7.7
25–39	579,553	72	12.4	584,109	71	12.2	576,690	111	19.2
40 and over	31,104	12	*	31,410	18	*	31,388	27	86.0

* Rate does not meet National Center for Health Statistics standards of reliability.

¹Maternal mortality rates are deaths per 100,000 live births.

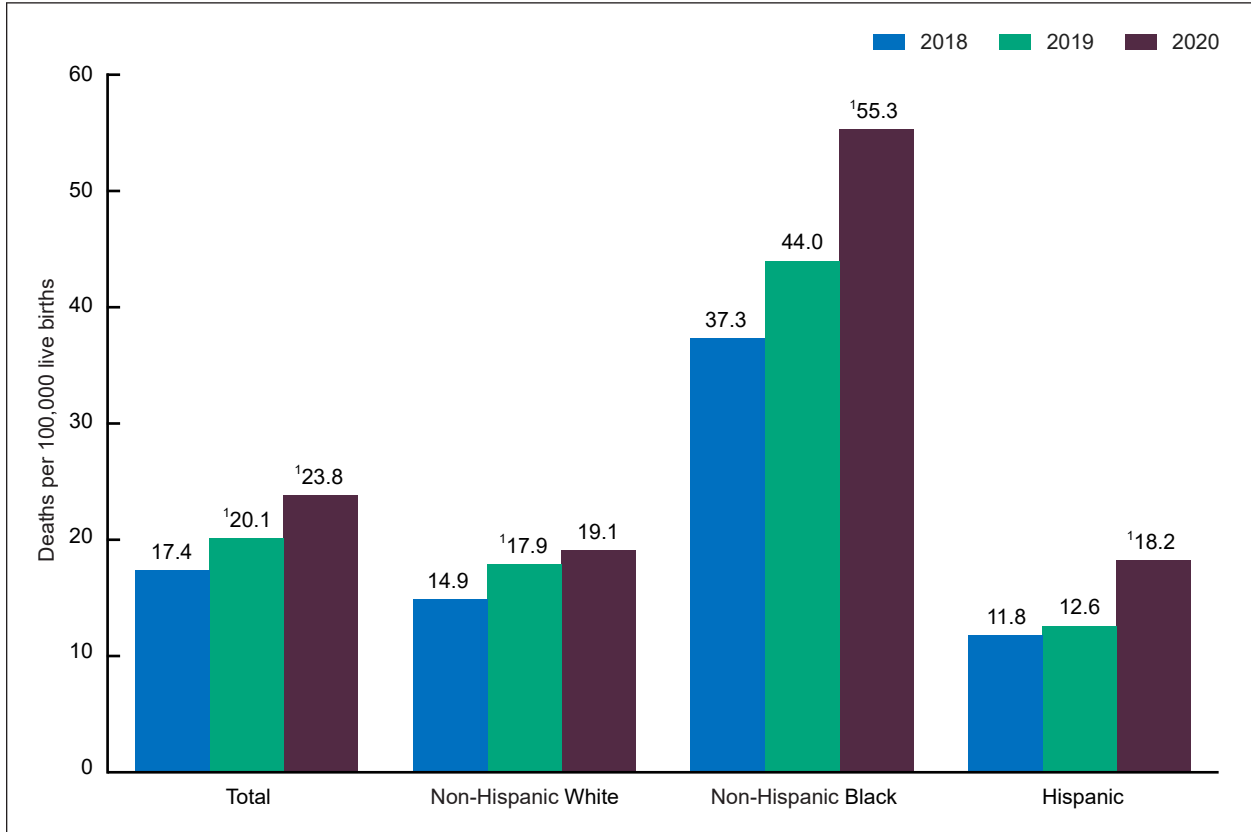
²Total includes race and origin groups not shown separately, including women of multiple races and origin not stated.

³Race groups are single race.

NOTES: Maternal deaths are those assigned to code numbers A34, O00–O95, and O98–O99 of the *International Classification of Diseases, 10th Revision*. Maternal deaths occur while pregnant or within 42 days of being pregnant.

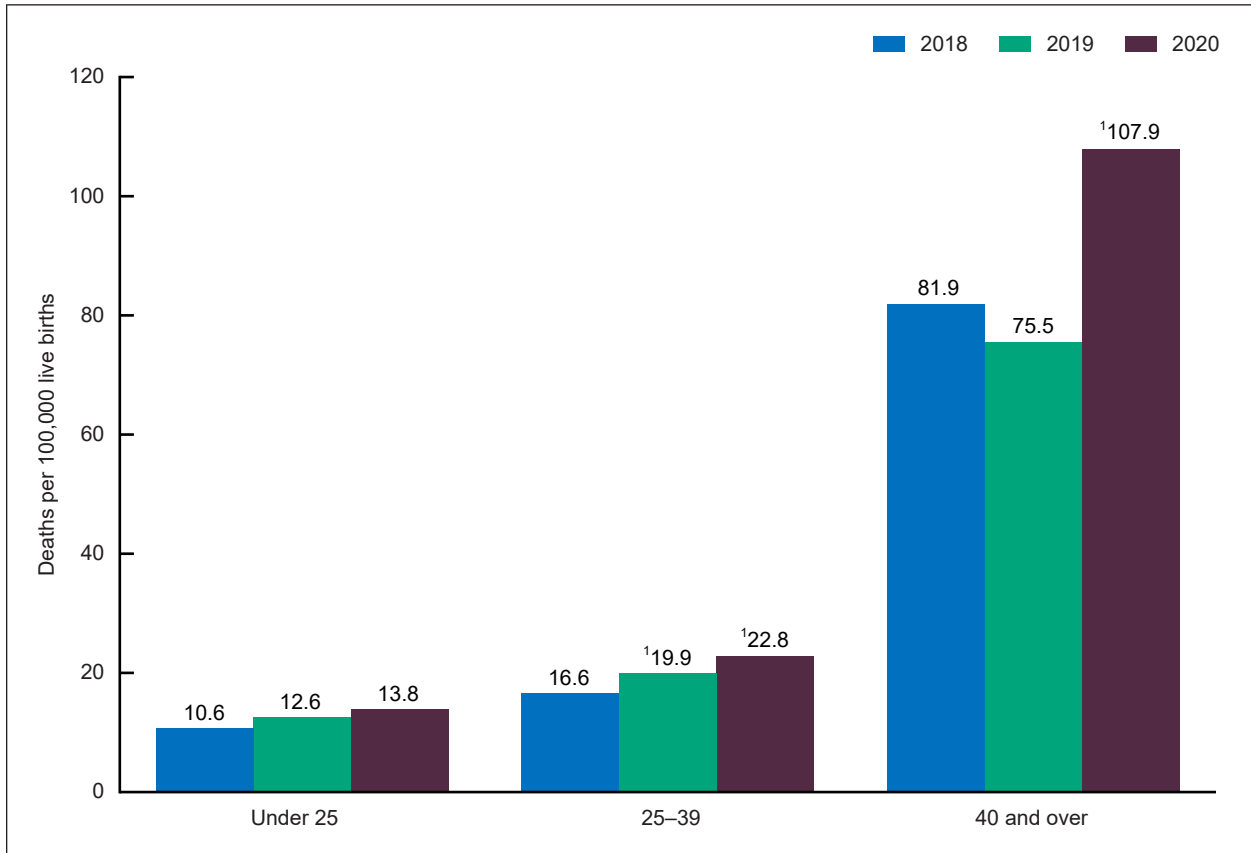
SOURCES: National Center for Health Statistics, National Vital Statistics System, Mortality and Natality.

Figure 1. Maternal mortality rates, by race and Hispanic origin: United States, 2018–2020



¹Statistically significant increase in rate from previous year ($p < 0.05$).
 NOTE: Race groups are single race.
 SOURCE: National Center for Health Statistics, National Vital Statistics System, Mortality.

Figure 2. Maternal mortality rates, by age group: United States, 2018–2020



¹Statistically significant increase in rate from previous year ($p < 0.05$).
 SOURCE: National Center for Health Statistics, National Vital Statistics System, Mortality.